

ZERO TO HERO ART

Lesson 1 To know that Christy Brown was a famous artist who could only use his left foot to draw and paint with and to understand some of the challenges that Christy Brown must have faced

You will need:-

- Paint
- Brushes
- Water for cleaning brushes
- Paper for painting on, maybe a little thicker than regular paper if possible
- Access to the internet to look at the initial image and other Christy Brown paintings



Begin by visiting <http://bit.ly/2FjINex> and click on the image to enlarge it.

Ask your student to think of three words to describe the image and note them down.

Explain to them that the painting was created by a man named Christy Brown. What was remarkable about Christy's artwork was that he could only use his left foot to paint and write with, due to suffering from paralysis as a result of cerebral palsy, so he created this picture by holding the brush in his left foot.

There are many websites to find out more information about Christy Brown - if you wish to look at him more, make sure you read the information before sharing with your student.



Your student is going to try painting in this way. Your student could either have their flat on the floor or stuck to a cupboard door, test out both ways! They could copy one of Brown's paintings or create their own unique painting.